



Pilates Precision and Flow™

"I see the equipment as an extension of myself when I practice and teach, and therefore I want it to inspire my work, my movement and my spirit."
Rael Isacowitz, Founder BASI Pilates®



BASI Systems™ Wall Unit

BASI Systems™ equipment delivers a breakthrough in precision and flow for Pilates movement. The intelligent design of BASI Systems™ brings together over thirty years of Pilates practice and research with the highest quality custom materials and craftsmanship.



The BASI Systems™ Wall Unit delivers powerful tower functionality and adjustability in a space-saving design. With fine-tuning control of spring positioning, roll-down and smooth push-through functionality, BASI Systems™ Wall Unit offers affordable flexibility.

Dimensions

WALL UNIT - width 32"/ 82cm x length 5.5"/14cm x height 64.5"/164cm

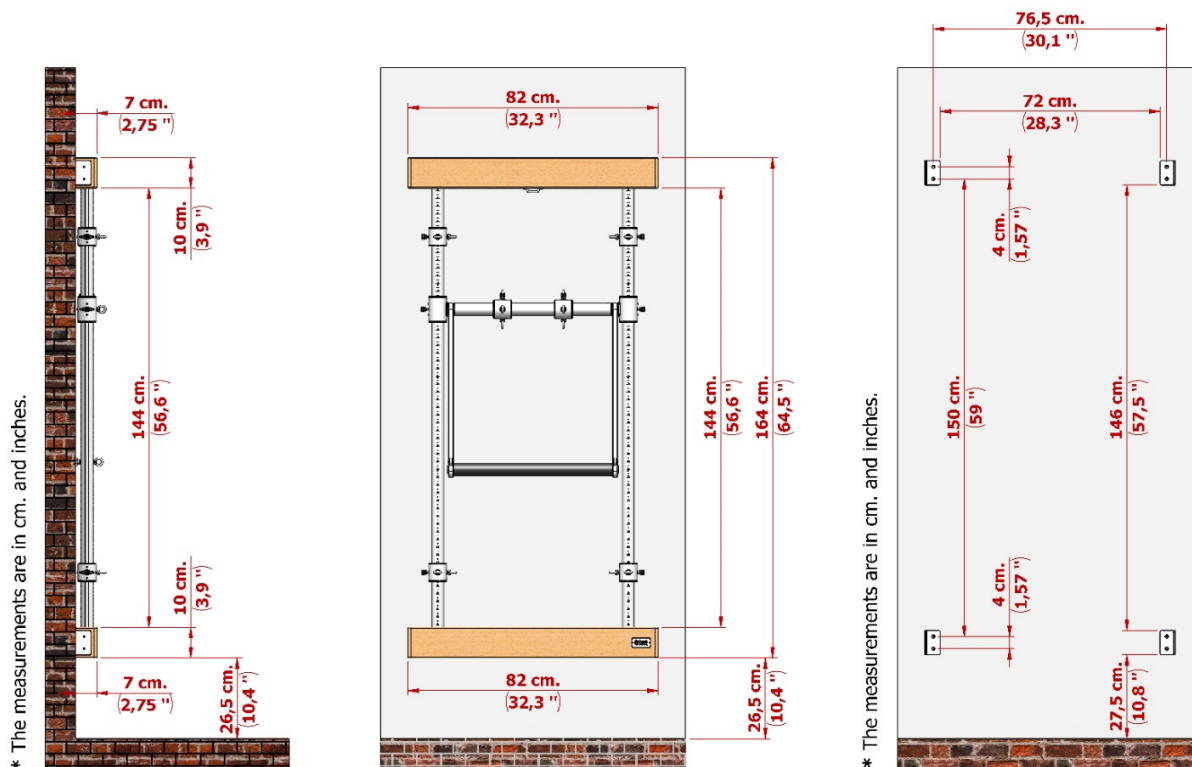
Getting Started with your BASI Systems™ Wall Unit

Welcome to the BASI Systems™ Wall Unit! When you open the box you will find the BASI Systems Wall Unit, two wall brackets, two wooden bracket covers and a roll-down bar. Eight springs are included, each in a separate box labeled by color. There are two red springs, two blue, two yellow and two long yellow.

There is a BASI Systems™ tote bag that holds the smaller pieces: a pair of neoprene loops with non-metal attachments, a pair of aluminum handles with non-metallic attachments, a safety strap and a leg strap. A smaller box contains screws for brackets, a size 4 wrench, twelve carabiners, a cleaning cloth and a BASI Systems™ key chain.

Install Wall Unit

Please refer to the diagram below for how to properly attach the wall unit to your wall.



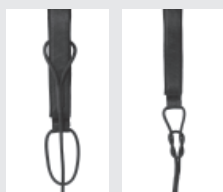
Springs

The BASI Systems Wall Unit comes with eight springs. The red springs are heavy resistance, the blue are medium resistance and the yellow are light resistance.



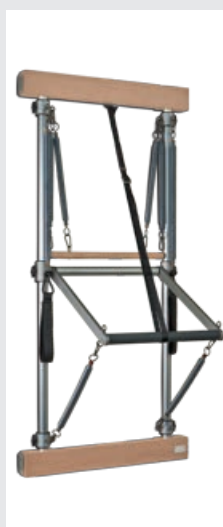
Using Springs

The springs can be attached as needed using the included carabiner hooks. Open a carabiner and slip the spring through. Clip the carabiner to the desired tower eyelet or to the push-through or roll-down bar.



Attach Straps

Slide the loop of the strap through a spring ring. Pull the loop down and thread the strap through. Pull to secure.



Push-Through Bar

The push-through bar is covered in an antibacterial easy-grip padding. It can be used by attaching the desired spring(s) from the desired eyelet(s) to either one or both of the eyelets on the push-through bar, depending on the desired resistance.

Attach Safety Strap to the Tower

The safety strap secures the push-through bar when it is used in the bottom-loaded position. To attach it, place the loop of the safety strap over the top of the tower base, between the two guide bolts. Thread the tail of the strap through the loop and adjust to tighten.

Using the Safety Strap with the Push-Through Bar

Wrap the safety strap from behind the push-through bar and pull until the bar reaches the desired height. Thread the tail of the safety strap through the metal buckle of the strap, over the first ring of the buckle, and back through the second. Pull to tighten and secure. The springs can now be attached from underneath the push-through bar.



Roll-down Bar

Attach the springs to the roll-down bar using the carabiners. Open a carabiner and slide it through the eyelet on one side of the roll-down bar and through the desired spring. Repeat for the other side of the roll-down bar. Attach the springs to the desired tower eyelets.

Materials

Your BASI Systems™ Wall Unit is made with the finest custom manufactured materials. We use beech wood for sturdiness, aluminum for smooth transitions, antibacterial vinyl to resist wear-and-tear and orthopedic cushioning for comfort. Then we x-ray the springs to ensure their quality and safety. Your BASI Systems™ Wall Tower is shipped to you in a special recyclable container designed to be folded down or used for other things.

Care and Maintenance

The BASI Systems™ Wall Unit is designed with the highest quality materials to provide ergonomic integrity, comfort and longevity. We recommend that you follow these guidelines to care for your equipment and use it safely.

Springs should be inspected weekly for gaps or kinks. If a gap or kink is found, discontinue use of the spring immediately and replace it. Check that the spring hooks are working properly. It is recommended that all springs be replaced after two years of use. Inspect and tighten the nuts, bolts and screws monthly. Upholstery can be cleaned using the cloth provided or any soft cloth with warm water and soap. For deeper cleaning, use a soft bristled brush with an alkaline-based cleanser and rinse with cold water and a sponge.

Contact us!

We would love to hear how the BASI Systems™ equipment inspires you and enhances your Pilates practice! Please contact us with any questions or stories.

www.basisystems.com / info@basisystems.com

For North America Toll free 866 992 2742 / For Other Territories +90 212 444 76 59

About BASI Systems™

BASI Pilates® is a leading Pilates education academy with a reputation for innovation, dedication and academic excellence. BASI stands for Body Arts and Science International, which is the name of the academy and an affirmation of its approach to Pilates studies. The mission of BASI Pilates® is to create and maintain professional standards for the teaching of the Pilates Method and to preserve and perpetuate the gift of Pilates by educating teachers of the highest caliber and providing equipment designed to have biomechanical and aesthetic integrity.

